

SET YOUR INTENTIONS

PICTURE YOURSELF ONE YEAR FROM NOW

What is going to light the fire within you?

What results do you want to create for your life?

What do you want to learn?

How do you want to grow?

How do you want to contribute to other people's lives?

What are you willing to do to make this happen?

How are you going to stand out?

Use these intentions to find your Inner Phynix and live a life that is:

- P – Passionate – Live as if you are on fire from within*
- H – Hope-full – Because once you choose hope, anything is possible.*
- Y – Young at Heart – Be open to new experiences and develop a beginner's mind*
- N – Noetic – We are all part of an interconnected whole – be inspired by your innate wisdom to take action to help humanity*
- I – Indomitable – Strong, brave and determined*
- X – Xtraordinary – Why fit in when you were born to stand out.*